

loose leaf tea

green tea \$2.65 (16 oz) / \$2.95 (20 oz)
japanese sencha with a hint of mint — low caffeine

black tea \$2.65 (16 oz) / \$2.95 (20 oz)
black tea with a touch of vanilla — light caffeine

white tea \$2.65 (16 oz) / \$2.95 (20 oz)
chinese white flavored with blueberries — very low caffeine

rooibos \$2.65 (16 oz) / \$2.95 (20 oz)
rooibos herbal with a twist of lemon — no caffeine

fruit smoothie

chai tea banana \$4.95 (16 oz) / \$5.75 (20 oz)
organic chai tea, banana, soy milk, agave
(with or w/o almonds)

chai tea blueberry \$4.95 (16 oz) / \$5.75 (20 oz)
organic chai tea, organic blueberries, soy milk, fresh mint, agave

blueberry bliss \$4.95 (16 oz) / \$5.75 (20 oz)
organic chai tea, organic blueberries, organic yogurt, soy milk,
fresh mint, agave

blueberry yogurt \$4.95 (16 oz) / \$5.75 (20 oz)
organic chai tea, organic blueberries, organic yogurt, apple juice,
fresh mint, agave

blueberry banana \$4.95 (16 oz) / \$5.75 (20 oz)
organic chai tea, organic blueberries, banana, organic yogurt,
apple juice, agave

mango \$4.70 (16 oz) / \$5.45 (20 oz)
mango, organic yogurt, apple juice, fresh mint, agave

peachy \$4.70 (16 oz) / \$5.45 (20 oz)
peach, banana, organic yogurt, apple juice, agave

triple berry \$4.70 (16 oz) / \$5.45 (20 oz)
organic blueberries, organic strawberries, organic raspberries,
apple juice, fresh mint, agave

strawberry yogurt \$4.70 (16 oz) / \$5.45 (20 oz)
organic strawberries, banana, organic yogurt, apple juice, agave



Parsley is known for taking the everyday sandwich to a new level of taste and texture.

Try our Caprese sandwich with fresh mozzarella and organic tomatoes or try our signature Cherokee sandwich with all-natural roasted turkey and roasted green chiles—two of the best sellers from our menu of 19 sandwiches. Half sizes available.

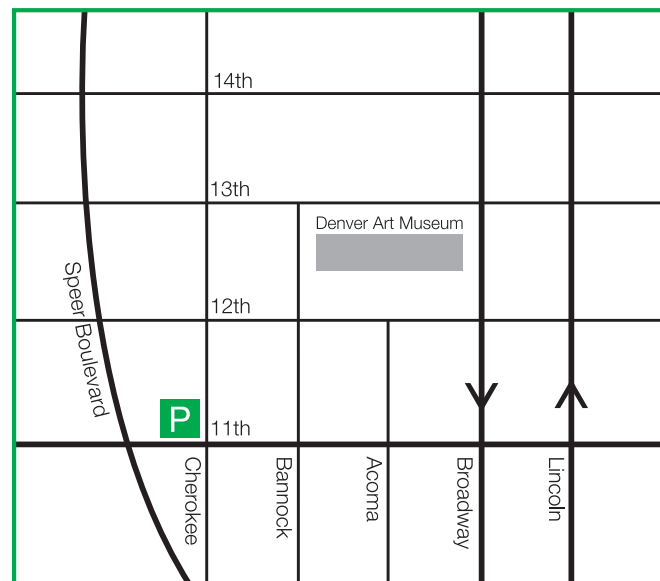
Our salads are now available in half sizes as well. Try the turkey avocado salad or the tuna salad with ginger and miso!

Open 10–5 pm, seven days

Parsley is located on 11th and Cherokee
303 W. 11th Ave. Denver, CO 80204

303.893.7914

Delivery available on orders of \$100 or more



parsleyandbailey.com



sandwich menu

our ciabatta from Michael Bortz is our recommended bread
—seven grain also available—

veggie sandwich \$6.95 / \$4.95 for half
olive oil aioli, organic cucumber, organic tomato, organic red onion,
organic lettuce, organic spinach

fig and brie \$7.95 / \$5.95 for half
croatian fig spread, fresh brie, organic lettuce, organic spinach

caprese \$6.95 / \$4.95 for half
basil pesto, organic tomato, fresh mozzarella, organic lettuce, light sea
salt, light black pepper (with or w/o organic red onion)

hummus \$6.95 / \$4.95 for half
hummus, organic cucumber, organic tomato, organic red onion,
organic lettuce, organic spinach

tree hugger \$6.95 / \$4.95 for half
balsamic vinaigrette, sweet red peppers, organic cucumber,
fresh mozzarella, organic lettuce, organic spinach

the arcadia \$6.95 / \$4.95 for half
basil pesto, kalamata olives, sweet red peppers, feta cheese,
organic red onion, organic lettuce, organic spinach

mediterranean tuna \$7.95 / \$5.95 for half
basil pesto, med tuna, organic cucumber, organic tomato,
organic red onion [our med tuna includes capers, kalamata olives
and a sun-dried tomato aioli with organic olive oil](#)

texture tuna \$7.95 / \$5.95 for half
chipotle sauce, texture tuna, organic cucumber, organic tomato,
organic red onion [our texture tuna recipe includes ginger, miso, black
sesame seed, and a red pepper aioli with sesame oil](#) —spicy

lox and cream cheese \$10.75 / \$7.75 for half
lemon cream cheese, salmon lox, capers, organic tomatoes,
organic red onion, organic lettuce, light black pepper

lox / guacamole \$10.95 / \$7.95 for half
guacamole, salmon lox, organic tomatoes, organic red onion
[our guac includes avocados, organic tomato, minced green chilis,
cilantro, organic red onion, lemon, garlic, light black pepper, light sea salt](#)

turkey sandwich \$7.95 / \$5.95 for half
olive oil aioli, roasted turkey, organic provolone, organic tomato,
organic lettuce, (with or w/o organic red onion)

turkey and fig \$8.45 / \$6.15 for half
croatian fig spread, roasted turkey, fresh brie, organic lettuce,
organic spinach

tomato turkey \$7.95 / \$5.95 for half
tomato pesto, roasted turkey, organic provolone, organic tomato
(or sundried tomato), organic lettuce

red pepper turkey \$7.95 / \$5.95 for half
tomato pesto, roasted turkey, sweet red peppers, organic provolone,
organic red onion, organic lettuce

11th avenue \$7.95 / \$5.95 for half
roasted turkey, guacamole, organic red onion, organic tomato (or sundried)

the cherokee \$7.95 / \$5.95 for half
roasted turkey, chipotle sauce, pepper jack cheese, organic red onion,
organic tomato (or sundried), roasted green chiles —spicy

roast beef and tomato \$8.95 / \$6.95 for half
tomato pesto, roast beef, provolone, organic tomato (or sundried),
organic red onion, organic lettuce

roast beef / cream cheese \$8.95 / \$6.95 for half
cream cheese, roast beef, organic kalamata olives, organic red onion,
organic lettuce

ranch style \$8.95 / \$6.95 for half
roast beef, horseradish mayo, provolone, sweet red peppers,
organic red onion, organic lettuce

salad

garden salad \$6.95 / \$4.95 for half
organic spinach, organic tomato, organic cucumber, organic carrot

avocado salad \$8.95 / \$6.95 for half
organic spinach, avocado, organic tomato, organic cucumber,
blue corn chips

caprese salad \$8.95 / \$6.95 for half
organic spinach, fresh mozzarella, organic tomato, kalamata olives,
basil pesto

apple and walnut salad \$8.95 / \$6.95 for half
organic spinach, organic apple, organic walnuts, fresh mozzarella

hummus salad \$8.95 / \$6.95 for half
organic spinach, hummus, organic tomato, organic cucumber, organic
carrot, kalamata olives, blue corn chips

mediterranean tuna salad \$8.95 / \$6.95 for half
organic spinach, mediterranean tuna, organic tomato,
organic cucumber, feta cheese [our mediterranean tuna recipe includes
capers, kalamata olives, and a sundried tomato aioli with organic olive oil](#)

texture tuna salad \$8.95 / \$6.95 for half
organic spinach, tuna, organic tomato, organic cucumber, feta cheese
[our texture tuna recipe includes ginger, miso, black sesame seed, and
red pepper aioli with sesame oil](#)

turkey salad \$8.95 / \$6.95 for half
organic spinach, roasted turkey, organic cucumber, sun-dried
tomatoes, feta cheese

turkey avocado salad \$9.95 / \$7.75 for half
organic spinach, roasted turkey, avocado, organic tomato, feta cheese

dressing and red onion are on the side
olive oil, balsamic vinaigrette, raspberry vinaigrette, sesame seed

soup, seasonal

our soups are made daily... in house

carrot curry
organic carrots, organic potatoes, organic red onion and organic
celery juice, red pepper, cumin powder, curry paste, lime juice, 1/2 &
1/2 milk, ginger, rice oil, light garlic, light sea salt, light black pepper

potato leek
organic potatoes, leeks, organic red onion, organic celery juice, lime
juice, soy sauce, green curry, 12/ & 1/2 milk, red bell pepper, ginger,
chicken broth, olive oil, light sea salt, light black pepper

pinto bean soup
organic pinto beans, organic & conventional roasted green chiles,
organic red onion, organic cilantro, organic celery juice, lime juice,
red bell pepper, red pepper, chicken, light sea salt —spicy

12 oz. cup \$4.95 / 16 oz. bowl \$5.95 / 32 oz. quart \$11.95

vegetable juice

made-to-order

carrot \$3.95 (16 oz) / \$4.95 (20 oz)
organic carrot

carrot and lemon \$4.15 (16 oz) / \$5.25 (20 oz)
organic carrot, organic lemon

carrot and apple \$4.65 (16 oz) / \$5.95 (20 oz)
organic carrot, organic apple

carrot and apple with ginger \$4.95 (16 oz) / \$6.20 (20 oz)
organic carrot, organic apple, ginger

carrot and mint \$4.65 (16oz) / \$5.95 (20oz)
organic carrot, organic mint

the parsley mix \$4.65 (16oz) / \$5.95 (20oz)
organic parsley, organic beet, organic celery

kate's kiss \$4.95 (16oz) / \$6.20 (20oz)
organic parsley, organic spinach, organic celery, organic carrot

shades of green \$5.15 (16oz) / \$6.45 (20oz)
organic parsley, organic spinach, organic celery, organic cucumber

apple \$5.15 (16oz) / \$6.45 (20oz)
organic apple

apple with lime \$5.40 (16oz) / \$6.75 (20oz)
organic apple, organic lime